

NOVA SCOTIA SHORT COURSE PROVINCIAL RECORDS as of May 24, 2017

Sex	Age	Stroke	Distance	NS Record	Name	Club	Date (Y-M-D)
F	18-24	FREE	50	00:27.72	Audrey Prayal-Brown	DALM	05-24-11
F	18-24	FREE	100	01:02.22	Audrey Prayal-Brown	DALM	05-24-11
F	18-24	FREE	200	02:19.50	Audrey Prayal-Brown	DALM	05-24-11
F	18-24	FREE	400	04:57.15	Jeanne Tremblay	HCGC	11-05-11
F	18-24	FREE	800	10:17.70	Jeanne Tremblay	HCGC	19-01-2013
F	18-24	FREE	1500	22:01.81	Jill Vickers	Antigonish	02-06-06
F	18-24	BACK	50	00:33.68	Jeanne Tremblay	HCGC	11-05-11
F	18-24	BACK	100	01:12.08	Jeanne Tremblay	HCGC	11-05-11
F	18-24	BACK	200	02:32.38	Jeanne Tremblay	HCGC	11-05-11
F	18-24	BREAST	50	00:35.81	Audrey Prayal-Brown	DALM	05-24-11
F	18-24	BREAST	100	01:13.99	Erin Carrigan	AM	03-01-01
F	18-24	BREAST	200	03:08.00	Kate Callaghan	STFX	03-01-86
F	18-24	FLY	50	00:31.35	Laura MacMillan	DALM	04-24-16
F	18-24	FLY	100	01:09.30	Laura MacMillan	DALM	04-24-16
F	18-24	FLY	200	02:45.86	Jeanne Tremblay	HCGC	20-04-2013
F	18-24	IM	100	01:11.39	Audrey Prayal-Brown	DALM	05-24-11
F	18-24	IM	200	02:40.43	Adrianna Pilgrim	HCGC	04-29-17
F	18-24	IM	400	05:52.87	Bonnie Antcliffe	DALM	03-01-88
F	25-29	FREE	50	00:28.43	Cassandra Jones	HCGC	05-20-16
F	25-29	FREE	100	01:01.26	Cassandra Jones	HCGC	03-24-17
F	25-29	FREE	200	02:16.60	Sue Macleod	DALM	05-01-86
F	25-29	FREE	400	04:47.25	Melissa Thomas	DALM	03-04-04
F	25-29	FREE	800	10:02.69	Amy Woodworth	HALT	04-05-05
F	25-29	FREE	1500	19:27.10	Elizabeth Weis	Unatt	03-24-07
F	25-29	BACK	50	00:33.11	Cassandra Jones	HCGC	03-24-17
F	25-29	BACK	100	01:10.80	Cassandra Jones	HCGC	05-20-16
F	25-29	BACK	200	02:31.15	Melissa Thomas	DALM	03-04-05
F	25-29	BREAST	50	00:36.87	Barbara Sochanski	Unatt	03-06-06
F	25-29	BREAST	100	01:20.56	Barbara Sochanski	Unatt	03-06-06
F	25-29	BREAST	200	02:58.40	Johanna Profit	HALT	11-08-14
F	25-29	FLY	50	00:31.90	Sue Macleod	DALM	05-01-86
F	25-29	FLY	100	01:12.17	Melissa Hilchey	SACK	05-20-16
F	25-29	FLY	200	02:40.96	Melissa Hilchey	SACK	05-20-16
F	25-29	IM	100	01:09.38	Sarah Chamberlain	HALT	04-29-17
F	25-29	IM	200	02:32.79	Amy Woodworth	HALT	04-05-05
F	25-29	IM	400	05:41.13	Elizabeth Weis	Unatt	03-24-07
F	30-34	FREE	50	00:29.50	Kim Hubbard	HALT	04-01-03
F	30-34	FREE	100	01:05.05	Jennifer Tummonds	HALT	05-15-09
F	30-34	FREE	200	02:21.14	Amy Woodworth	HALT	10-06-06
F	30-34	FREE	400	04:36.18	Maude Charest	HALT	05-20-16
F	30-34	FREE	800	10:14.17	Amy Woodworth	HALT	03-06-06
F	30-34	FREE	1500	20:07.09	Susan Hall	DALM	03-01-98
F	30-34	BACK	50	00:36.34	Kylie Mosher	HALT	01-28-12
F	30-34	BACK	100	01:13.41	Amy Woodworth	HALT	21/4/07
F	30-34	BACK	200	02:37.51	Amy Woodworth	HALT	03-06-06
F	30-34	BREAST	50	00:34.10	Maude Charest	HALT	05-20-16
F	30-34	BREAST	100	01:15.49	Maude Charest	HALT	05-20-16
F	30-34	BREAST	200	03:19.68	Sarah Waugh	HALT	11-03-12
F	30-34	FLY	50	00:33.12	Amy Woodworth	HALT	21/4/07
F	30-34	FLY	100	01:25.99	Marj Walton	DWMSC	03-01-96
F	30-34	FLY	200	03:06.07	Josee Bourgeois	HALT	04-24-16
F	30-34	IM	100	01:13.24	Amy Woodworth	HALT	03-24-07
F	30-34	IM	200	02:36.14	Amy Woodworth	HALT	03-06-06
F	30-34	IM	400	06:28.13	Ruth Mitchell	TRU	01-05-05
F	35-39	FREE	50	00:31.42	Joan Prior	CORN	05-01-87
F	35-39	FREE	100	01:06.86	Sharon Floyd	SMSC	03-01-03
F	35-39	FREE	200	02:29.53	Lynne Patterson	DALM	11-01-08
F	35-39	FREE	400	05:15.16	Elaine Mattatall	DWMSC	03-01-94
F	35-39	FREE	800	09:41.49	Maude Charest	HALT	05-14-17
F	35-39	FREE	1500	20:40.12	Jennifer Tummonds	HALT	03-26-11
F	35-39	BACK	50	00:38.68	Ruth Mitchell	TRU	05/18/2008
F	35-39	BACK	100	01:13.52	Maude Charest	HALT	04-29-17

F	35-39		BACK	200	03:02.34	Ruth Mitchell	TRU	05/17/2008
F	35-39		BREAST	50	00:34.65	Maude Charest	HALT	05-14-17
F	35-39		BREAST	100	01:15.06	Maude Charest	HALT	05-12-17
F	35-39		BREAST	200	02:44.03	Maude Charest	HALT	05-13-17
F	35-39		FLY	50	00:33.86	Lisa Daniel	HALT	03-27-10
F	35-39		FLY	100	01:17.90	Lynne Patterson	DALM	11-01-08
F	35-39		FLY	200	03:19.30	Ruth Mitchell	TRU	05/17/2008
F	35-39		IM	100	01:10.42	Maude Charest	HALT	05-13-17
F	35-39		IM	200	02:47.06	Sharon Floyd	SMSC	03-04-04
F	35-39		IM	400	06:21.82	Elaine Mattatall	DWMSC	03-01-95
F	40-44		FREE	50	00:30.65	Brenda Perks	WT	03-01-03
F	40-44		FREE	100	01:08.69	Sharon Floyd	SMSC	03-24-07
F	40-44		FREE	200	02:31.55	Heidi Miller	SMSC	04-01-03
F	40-44		FREE	400	05:30.39	Elaine Mattatall	DWMSC	02-01-98
F	40-44		FREE	800	11:32.90	Heidi Miller	SMSC	03-04-04
F	40-44		FREE	1500	21:38.50	Heidi Miller	SMSC	03-01-02
F	40-44		BACK	50	00:37.07	Bobby Lou Reardon	YARM	03-04-04
F	40-44		BACK	100	01:16.85	Bobby Lou Reardon	YARM	03-04-04
F	40-44		BACK	200	02:48.83	Bobby Lou Reardon	YARM	04-05-05
F	40-44		BREAST	50	00:38.89	Brenda Perks	WT	03-01-03
F	40-44		BREAST	100	01:25.43	Brenda Perks	WT	03-01-03
F	40-44		BREAST	200	03:23.29	Theresa Halliday	HHC GC	04-12-14
F	40-44		FLY	50	00:34.17	Nancy McConnery	Unattach	05-18-07
F	40-44		FLY	100	01:14.66	Bobby Lou Reardon	YARM	04-05-05
F	40-44		FLY	200	03:14.25	Patricia Grant	HALT	04/13/2008
F	40-44		IM	100	01:18.63	Bobby Lou Reardon	YARM	03-04-04
F	40-44		IM	200	02:46.50	Bobby Lou Reardon	YARM	08-04-04
F	40-44		IM	400	05:54.74	Bobby Lou Reardon	YARM	08-04-04
F	45-49		FREE	50	00:30.81	Brenda Perks	SMSC	03-04-04
F	45-49		FREE	100	01:07.99	Sue Macleod	DALM	03-06-06
F	45-49		FREE	200	02:27.99	Sue Macleod	DALM	03-24-07
F	45-49		FREE	400	05:33.69	Julie Curwin	CBCC	01-29-11
F	45-49		FREE	800	11:54.39	Veronica McMillan	TRU	01-05-05
F	45-49		FREE	1500	22:05.39	Julie Curwin	CBCC	03-26-11
F	45-49		BACK	50	00:37.00	Linda Hunt	HALT	05-17-03
F	45-49		BACK	100	01:17.78	Bobby Lou Reardon	YARM	03-28-09
F	45-49		BACK	200	02:46.89	Bobby Lou Reardon	YARM	03-28-09
F	45-49		BREAST	50	00:38.98	Brenda Perks	SMSC	01-01-04
F	45-49		BREAST	100	01:25.03	Brenda Perks	SMSC	03-04-04
F	45-49		BREAST	200	03:20.27	Julie Curwin	CBCC	01-31-10
F	45-49		FLY	50	00:33.62	Nancy McConnery	Shearwater	05/19/2008
F	45-49		FLY	100	01:16.62	Nancy McConnery	Shearwater	05/18/2008
F	45-49		FLY	200	03:15.47	Patricia Grant	HALT	03-27-10
F	45-49		IM	100	01:18.65	Bobby Lou Reardon	YARM	03-28-09
F	45-49		IM	200	02:54.00	Nancy McConnery	Shearwater	05/16/2008
F	45-49		IM	400	06:31.82	Patricia Grant	HALT	01-31-10
F	50-54		FREE	50	00:32.39	Jennifer Nearing	DWMSC	05-04-08
F	50-54		FREE	100	01:11.65	Susan MacLeod	DALM	03-27-10
F	50-54		FREE	200	02:38.86	Elaine Mattatall	DWMSC	05/19/2008
F	50-54		FREE	400	05:27.29	Linda Rodie	HCGC	05-20-16
F	50-54		FREE	800	11:06.79	Linda Rodie	HCGC	05-20-16
F	50-54		FREE	1500	21:02.92	Linda Rodie	HCGC	05-20-16
F	50-54		BACK	50	00:37.18	Linda Hunt	HALT	05-20-05
F	50-54		BACK	100	01:20.53	Linda Hunt	HALT	03-20-04
F	50-54		BACK	200	02:52.58	Bobby Lou Reardon	YARM	04-20-13
F	50-54		BREAST	50	00:41.18	Jennifer Nearing	DWMSC	03-27-10
F	50-54		BREAST	100	01:32.13	Linda Rodie	HCGC	04-24-16
F	50-54		BREAST	200	03:34.34	Linda Hunt	HALT	03-24-07
F	50-54		FLY	50	00:35.11	Bobby Lou Reardon	YARM	04-20-13
F	50-54		FLY	100	01:32.57	Linda Hunt	HALT	04-05-05
F	50-54		FLY	200	03:16.34	Patricia Grant	HCMSC	04-02-16
F	50-54		IM	100	01:22.05	Bobby Lou Reardon	YARM	04-20-13
F	50-54		IM	200	02:56.21	Linda Rodie	HCGC	05-20-16
F	50-54		IM	400	06:28.67	Elaine Mattatall	HALT	05/17/2008
F	55-59		FREE	50	00:32.72	Linda Hunt	HALT	05-15-09

F	55-59		FREE	100	01:15.74	Linda Hunt	HALT		03-01-10
F	55-59		FREE	200	02:47.60	Linda Hunt	HALT		11-13-10
F	55-59		FREE	400	05:55.87	Linda Hunt	HALT		03-01-10
F	55-59		FREE	800	12:16.01	Linda Hunt	HALT		03-27-10
F	55-59		FREE	1500	23:32.13	Linda Hunt	HALT		01-31-10
F	55-59		BACK	50	00:36.73	Linda Hunt	HALT		05-15-09
F	55-59		BACK	100	01:20.07	Linda Hunt	HALT		05-15-09
F	55-59		BACK	200	02:52.72	Linda Hunt	HALT		05-15-09
F	55-59		BREAST	50	44.12	Linda Hunt	HALT		01-31-10
F	55-59		BREAST	100	01:39.74	Linda Hunt	HALT		03-01-10
F	55-59		BREAST	200	03:45.90	Linda Hunt	HALT		11-13-10
F	55-59		FLY	50	00:38.08	Jennifer Nearing	DWMSC		04-24-16
F	55-59		FLY	100	01:32.42	Linda Hunt	HALT		03-01-10
F	55-59		FLY	200	03:37.08	Linda Hunt	HALT		03-27-10
F	55-59		IM	100	01:25.09	Linda Hunt	HALT		05-15-09
F	55-59		IM	200	03:08.17	Linda Hunt	HALT		05-15-09
F	55-59		IM	400	06:44.96	Linda Hunt	HALT		03-01-10
F	60-64		FREE	50	00:33.77	Linda Hunt	HALT		04-24-16
F	60-64		FREE	100	01:14.85	Linda Hunt	HALT		04-12-14
F	60-64		FREE	200	02:41.75	Linda Hunt	HALT		04-11-15
F	60-64		FREE	400	05:43.56	Linda Hunt	HALT		05-16-14
F	60-64		FREE	800	11:47.82	Linda Hunt	HALT		01-21-17
F	60-64		FREE	1500	22:16.19	Linda Hunt	HALT		11-08-14
F	60-64		BACK	50	00:37.58	Linda Hunt	HALT		01-18-14
F	60-64		BACK	100	01:21.03	Linda Hunt	HALT		01-18-14
F	60-64		BACK	200	02:53.87	Linda Hunt	HALT		05-16-14
F	60-64		BREAST	50	00:45.45	Sabina Machum	HALT		04-29-17
F	60-64		BREAST	100	01:37.30	Linda Hunt	HALT		04-12-14
F	60-64		BREAST	200	03:37.34	Linda Hunt	HALT		11-08-14
F	60-64		FLY	50	00:39.96	Linda Hunt	HALT		04-24-16
F	60-64		FLY	100	01:33.04	Linda Hunt	HALT		05-16-14
F	60-64		FLY	200	03:28.18	Linda Hunt	HALT		04-12-14
F	60-64		IM	100	01:22.17	Linda Hunt	HALT		05-16-14
F	60-64		IM	200	03:07.07	Linda Hunt	HALT		05-20-16
F	60-64		IM	400	06:31.54	Linda Hunt	HALT		05-16-14
F	65-69		FREE	50	00:40.77	Ewa Gawlik	HCGC		05-09-15
F	65-69		FREE	100	01:30.17	Ewa Gawlik	HCGC		05-09-15
F	65-69		FREE	200	03:23.33	Ewa Gawlik	HCGC		11-13-16
F	65-69		FREE	400	07:02.29	Ewa Gawlik	HCGC		04-12-14
F	65-69		FREE	800	14:37.22	Ewa Gawlik	HCGC		11-07-15
F	65-69		FREE	1500					
F	65-69		BACK	50	00:52.56	Ewa Gawlik	HCGC		04-20-13
F	65-69		BACK	100	02:00.62	Ewa Gawlik	HCGC		04-24-16
F	65-69		BACK	200					
F	65-69		BREAST	50	00:57.50	Ewa Gawlik	HCGC		11-08-14
F	65-69		BREAST	100	02:53.11	Phyllis Williston	NG		01-01-99
F	65-69		BREAST	200	05:58.79	Winifred Ross	DWMSC		03-01-95
F	65-69		FLY	50	00:46.69	Ewa Gawlik	HCGC		05-09-15
F	65-69		FLY	100	01:51.77	Ewa Gawlik	HCGC		11-30-13
F	65-69		FLY	200	04:01.40	Ewa Gawlik	HCGC		05-09-15
F	65-69		IM	100	01:42.95	Ewa Gawlik	HCGC		05-09-15
F	65-69		IM	200	03:59.09	Ewa Gawlik	HCGC		04-20-13
F	65-69		IM	400					
F	70-74		FREE	50	00:48.30	Phyllis Williston	NG		03-04-04
F	70-74		FREE	100	01:48.92	Phyllis Williston	NG		03-04-04
F	70-74		FREE	200					
F	70-74		FREE	400					
F	70-74		FREE	800	14:53.21	Ewa Gawlik	HCGC		04-29-17
F	70-74		FREE	1500					
F	70-74		BACK	50					
F	70-74		BACK	100					
F	70-74		BACK	200					
F	70-74		BREAST	50	01:03.43	Shirley Manos	NG		12-01-06
F	70-74		BREAST	100	02:12.73	Ewa Gawlik	HCGC		04-29-17
F	70-74		BREAST	200					

F	70-74		FLY	50	01:02.31	Shirley Manos	NG		12-01-06
F	70-74		FLY	100					
F	70-74		FLY	200	04:08.26	Ewa Gawlik	HCGC		04-29-17
F	70-74		IM	100	01:52.74	Ewa Gawlik	HCGC		04-29-17
F	70-74		IM	200					
F	70-74		IM	400					
M	18-24		FREE	50	00:24.73	Colin Liebold	DWMSC		05-09-15
M	18-24		FREE	100	00:56.02	Colin Liebold	DWMSC		04-12-14
M	18-24		FREE	200	02:07.32	Simon McIlldoon	SMSC		03-01-03
M	18-24		FREE	400	04:36.02	Rob Coleman	HALT		03-01-99
M	18-24		FREE	800	09:57.71	Richard Isnor	DALM		02-01-92
M	18-24		FREE	1500	19:35.84	Adam TeasDALMe	StFX		01-01-03
M	18-24		BACK	50	00:30.59	Dexter Rubio	Acadia		01-27-07
M	18-24		BACK	100	01:07.89	Shaun Hudson	Unatt		03-24-07
M	18-24		BACK	200	02:29.00	Shaun Hudson	Unatt		03-24-07
M	18-24		BREAST	50	00:31.67	Colin Liebold	DWMSC		04-29-17
M	18-24		BREAST	100	01:12.74	James Ng	Wolfville		04-05-05
M	18-24		BREAST	200	02:41.26	G. Luke	Unatt		02-01-83
M	18-24		FLY	50	26.84	Colin Liebold	DWMSC		04-11-15
M	18-24		FLY	100	01:05.07	Derek Sonnichsen	DALM		05-09-15
M	18-24		FLY	200	02:53.58	Pat Clancy	AA		03-01-02
M	18-24		IM	100	01:06.24	Derek Sonnichsen	DALM		05-09-15
M	18-24		IM	200	02:21.80	Derek Sonnichsen	DALM		05-09-15
M	18-24		IM	400	05:29.70	Adam TeasDALMe	AM		03-01-03
M	25-29		FREE	50	00:24.17	Aaron Maszko	DALM		03-06-06
M	25-29		FREE	100	00:54.63	Chris Stewart	DALM		10-05-05
M	25-29		FREE	200	01:58.50	Mike Fitzgerald	DALM		05-01-86
M	25-29		FREE	400	04:20.83	Mike Fitzgerald	DALM		05-01-86
M	25-29		FREE	800	09:44.80	Mike Fitzgerald	DALM		02-01-87
M	25-29		FREE	1500	19:03.54	Mel Cameron	HALT		03-01-92
M	25-29		BACK	50	00:28.84	Josh Ballem	DALM		10-05-05
M	25-29		BACK	100	01:00.41	Aaron Maszko	DALM		03-06-06
M	25-29		BACK	200	02:17.64	Jamie Wildsmith	DALM		03-06-06
M	25-29		BREAST	50	00:30.90	Chris Stewart	DALM		10-05-05
M	25-29		BREAST	100	01:09.00	Mark Ritcey	DALM		03-04-04
M	25-29		BREAST	200	02:43.40	P Webster	DALM		03-01-84
M	25-29		FLY	50	00:25.54	Josh Ballem	DALM		03-06-06
M	25-29		FLY	100	01:01.60	Mike Fitzgerald	DALM		05-01-86
M	25-29		FLY	200	02:33.63	Tom Reynolds	DALM		05-01-87
M	25-29		IM	100	01:02.74	Aaron Maszko	DALM		10-06-06
M	25-29		IM	200	02:18.00	Mike Fitzgerald	DALM		05-01-86
M	25-29		IM	400	04:48.63	Warren SMSCith	HALT		11-01-94
M	30-34		FREE	50	00:24.50	Gary Macdonald	UNAT		05-01-86
M	30-34		FREE	100	00:56.06	Brett MacNeil	Antigonish		05-05-05
M	30-34		FREE	200	02:06.53	Brett MacNeil	AA		03-01-03
M	30-34		FREE	400	04:35.18	Brett MacNeil	Antigonish		05-05-05
M	30-34		FREE	800	09:53.95	Luis Inoeu	HALT		01-01-04
M	30-34		FREE	1500	18:48.20	P Guildford	DALM		03-01-83
M	30-34		BACK	50	00:28.70	Josh Ballem	DALM		03-24-07
M	30-34		BACK	100	01:04.50	Brett MacNeil	Antigonish		05-05-05
M	30-34		BACK	200	02:21.05	James Wildsmith	DALM		05-24-11
M	30-34		BREAST	50	00:32.25	Brett MacNeil	ANT		02-06-06
M	30-34		BREAST	100	01:10.36	Brett MacNeil	ANT		04-01-03
M	30-34		BREAST	200	02:35.51	Mike Ritcey	DALM		03-24-07
M	30-34		FLY	50	00:25.43	Josh Ballem	DALM		03-24-07
M	30-34		FLY	100	01:01.82	Duane Flowers	HALT		05-05-05
M	30-34		FLY	200	02:23.68	James Wildsmith	DALM		05-24-11
M	30-34		IM	100	01:02.97	Gary Macdonald	UNAT		05-01-86
M	30-34		IM	200	02:21.93	Brett MacNeil	AA		03-01-03
M	30-34		IM	400	05:04.52	James Wildsmith	DALM		05-24-11
M	35-39		FREE	50	00:25.24	David Pain	CFA		03-27-10
M	35-39		FREE	100	00:56.37	Brett MacNeil	Unatt		03-06-06
M	35-39		FREE	200	02:05.63	Duane Flowers	HALT		05-15-09
M	35-39		FREE	400	04:41.16	Duane Flowers	HALT		01-24-09
M	35-39		FREE	800	09:49.74	Michael Brown	TRU		05-01-92

M	35-39		FREE	1500	19:01.55	Matt Fraser	TRU		01-29-11
M	35-39		BACK	50	00:31.04	Duane Flowers	HALT		05-15-09
M	35-39		BACK	100	01:06.01	Brett MacNeil	UNAT		03-06-06
M	35-39		BACK	200	02:25.14	Mike Murray	HALT		11-30-13
M	35-39		BREAST	50	00:34.19	Troy MacArthur	SMSC		03-27-10
M	35-39		BREAST	100	01:11.25	Brett MacNeil	Unatt		03-06-06
M	35-39		BREAST	200	02:44.46	Jack SMSCith	DALM		02-01-83
M	35-39		FLY	50	00:27.32	Duane Flowers	HALT		05/19/2008
M	35-39		FLY	100	01:00.77	Duane Flowers	HALT		05-15-09
M	35-39		FLY	200	02:23.56	Duane Flowers	HALT		05-15-09
M	35-39		IM	100	01:06.38	Mike Murray	HALT		11-08-14
M	35-39		IM	200	02:24.63	Mike Murray	HALT		05-09-15
M	35-39		IM	400	05:23.08	Michael Brown	TRU		05-01-92
M	40-44		FREE	50	00:25.28	Josh Ballem	HALT		04-29-17
M	40-44		FREE	100	00:58.57	Michael Murray	HALT		04-29-17
M	40-44		FREE	200	02:05.58	Michael Murray	HALT		05-20-16
M	40-44		FREE	400	04:48.40	Jason Krupp	HALT		11-08-14
M	40-44		FREE	800	10:03.52	Michael Murray	HALT		01-21-17
M	40-44		FREE	1500	19:26.00	Graham Reynolds	SYDN		05-01-86
M	40-44		BACK	50	00:30.45	Michael Murray	HALT		05-20-16
M	40-44		BACK	100	01:05.06	Michael Murray	HALT		05-20-16
M	40-44		BACK	200	02:19.72	Michael Murray	HALT		05-20-16
M	40-44		BREAST	50	00:34.01	Peter Webster	UNAT		03-01-99
M	40-44		BREAST	100	01:17.88	Jack SMSCith	UNAT		03-01-90
M	40-44		BREAST	200	02:55.70	Michael Murray	HALT		01-21-17
M	40-44		FLY	50	00:26.78	Josh Ballem	HALT		04-29-17
M	40-44		FLY	100	01:04.29	Jason Krupp	HALT		11-08-14
M	40-44		FLY	200	02:40.76	Michael Murray	HALT		01-21-17
M	40-44		IM	100	01:03.51	Josh Ballem	HALT		04-29-17
M	40-44		IM	200	02:21.67	Michael Murray	HALT		05-20-16
M	40-44		IM	400	05:08.53	Michael Murray	HALT		05-20-16
M	45-49		FREE	50	00:25.91	Jason Krupp	HALT		05-20-16
M	45-49		FREE	100	00:57.53	Jason Krupp	HALT		05-20-16
M	45-49		FREE	200	02:04.16	Jason Krupp	HALT		05-20-16
M	45-49		FREE	400	04:32.27	Jason Krupp	HALT		05-20-16
M	45-49		FREE	800	09:34.03	Jason Krupp	HALT		05-17-15
M	45-49		FREE	1500	19:21.58	Wade James	HALT		05-01-11
M	45-49		BACK	50	00:34.41	Jason Krupp	HALT		20115-05-09
M	45-49		BACK	100	01:09.57	Jason Krupp	HALT		04-02-16
M	45-49		BACK	200	02:43.93	Jason Krupp	HALT		04-24-16
M	45-49		BREAST	50	00:34.30	Wade James	HALT		03-26-11
M	45-49		BREAST	100	01:13.74	Wade James	HALT		05-01-11
M	45-49		BREAST	200	02:45.35	Wade James	HALT		04-28-12
M	45-49		FLY	50	00:27.80	Jason Krupp	HALT		05-20-16
M	45-49		FLY	100	01:00.86	Jason Krupp	HALT		05-15-15
M	45-49		FLY	200	02:23.22	Jason Krupp	HALT		05-20-16
M	45-49		IM	100	01:07.73	Jason Krupp	HALT		05-09-15
M	45-49		IM	200	02:26.05	Wade James	HALT		05-01-11
M	45-49		IM	400	05:24.04	Wade James	HALT		05-01-11
M	50-54		FREE	50	00:27.62	Peter Webster	Unatt		03-06-06
M	50-54		FREE	100	01:01.26	Peter Webster	Unatt		03-06-06
M	50-54		FREE	200	02:16.21	Wade James	HALT		01-13-13
M	50-54		FREE	400	05:01.16	Wade James	HALT		11-30-13
M	50-54		FREE	800	10:30.49	Wade James	HALT		11-30-13
M	50-54		FREE	1500	20:01.51	Sandor Mathe	HALT		03-27-10
M	50-54		BACK	50	00:35.62	Don MacLeod	DALM		03-27-10
M	50-54		BACK	100	01:18.31	Don MacLeod	DalM		03-27-10
M	50-54		BACK	200	02:51.45	Don MacLeod	DalM		03-27-10
M	50-54		BREAST	50	00:34.27	Peter Webster	Unatt		03-06-06
M	50-54		BREAST	100	01:15.18	Wade James	HALT		01-13-13
M	50-54		BREAST	200	02:55.03	Peter Poulos	CBCC		01-29-11
M	50-54		FLY	50	30.60	Wade James	HALT		02-16-13
M	50-54		FLY	100	01:12.36	Wade James	HALT		04-20-13
M	50-54		FLY	200	02:55.14	Sandor Mathe	HALT		03-27-10
M	50-54		IM	100	01:08.44	Wade James	HALT		01-13-13

M	50-54		IM	200	02:30.89	Wade James	HALT		03-16-13
M	50-54		IM	400	05:43.90	Mike Brown	TRU		03-25-06
M	55-59		FREE	50	00:29.07	Ken Smith	TRU		02-06-06
M	55-59		FREE	100	01:05.23	Peter Poulos	CBCC		01-13-13
M	55-59		FREE	200	02:21.70	Peter Poulos	CBCC		01-18-14
M	55-59		FREE	400	05:06.57	Peter Poulos	CBCC		01-13-13
M	55-59		FREE	800	10:46.16	Chuck Bezanson	HALT		04-29-17
M	55-59		FREE	1500	20:49.48	John Whalen	HALT		05-05-05
M	55-59		BACK	50	00:34.30	Dan Walmsley	Unatt		03-24-07
M	55-59		BACK	100	01:16.91	Dan Walmsley	Unatt		03-24-07
M	55-59		BACK	200	02:52.75	Dan Walmsley	Unatt		10-06-06
M	55-59		BREAST	50	00:35.94	Peter Poulos	CBCC		01-13-13
M	55-59		BREAST	100	01:19.35	Peter Poulos	CBCC		01-13-13
M	55-59		BREAST	200	02:58.45	Mike Brown	TRU		01-29-11
M	55-59		FLY	50	00:32.00	Nigel Kemp	HALT		05-01-00
M	55-59		FLY	100	01:14.47	Mike Brown	TRU		05-20-11
M	55-59		FLY	200	02:49.40	Mike Brown	TRU		05-22-11
M	55-59		IM	100	01:15.69	Mike Brown	TRU		03-26-11
M	55-59		IM	200	02:43.86	Mike Brown	TRU		05-20-11
M	55-59		IM	400	05:42.20	Mike Brown	TRU		01-29-11
M	60-64		FREE	50	00:29.56	Danny Walmsley	Shearwater		01-26-08
M	60-64		FREE	100	01:06.59	Nigel Kemp	HALT		05-05-05
M	60-64		FREE	200	02:29.03	Danny Walmsley	Shearwater		01-24-09
M	60-64		FREE	400	05:25.12	Danny Walmsley	Shearwater		03-28-09
M	60-64		FREE	800	11:10.77	John Whalen	HALT		05-15-09
M	60-64		FREE	1500	21:18.08	John Whalen	HALT		05-15-09
M	60-64		BACK	50	33.84	Danny Walmsley	UNAT		05/01/2009
M	60-64		BACK	100	01:14.92	Danny Walmsley	UNAT		05/01/2009
M	60-64		BACK	200	02:43.07	Danny Walmsley	UNAT		05/01/2009
M	60-64		BREAST	50	00:38.97	Bill Bradley	HALT		04-29-17
M	60-64		BREAST	100	01:26.59	Bill Bradley	HALT		04-29-17
M	60-64		BREAST	200	03:10.02	Mike Brown	TRU		02-06-16
M	60-64		FLY	50	00:32.55	Nigel Kemp	HALT		05-05-05
M	60-64		FLY	100	01:17.59	Nigel Kemp	HALT		05-05-05
M	60-64		FLY	200	03:15.10	Freeman Churchill	HALT		05-15-15
M	60-64		IM	100	01:15.92	Danny Walmsley	UNAT		10-31-09
M	60-64		IM	200	02:49.23	Danny Walmsley	UNAT		05/01/2009
M	60-64		IM	400	06:21.53	Freeman Churchill	HALT		05-15-15
M	65-69		FREE	50	00:30.37	Danny Walmsley	UNAT		01-13-13
M	65-69		FREE	100	01:08.83	Danny Walmsley	UNAT		04-12-14
M	65-69		FREE	200	02:32.39	Danny Walmsley	UNAT		04-28-14
M	65-69		FREE	400	05:41.31	Nigel Kemp	HALT		05-15-09
M	65-69		FREE	800	11:38.63	Nigel Kemp	HALT		05-15-09
M	65-69		FREE	1500	23:12.64	John Whalen	HALT		05-15-15
M	65-69		BACK	50	00:35.65	Danny Walmsley	UNAT		11-08-14
M	65-69		BACK	100	01:19.28	Danny Walmsley	UNAT		01-13-13
M	65-69		BACK	200	02:49.23	Danny Walmsley	UNAT		04-20-13
M	65-69		BREAST	50	00:41.43	Danny Walmsley	UNAT		04-12-14
M	65-69		BREAST	100	01:30.92	Danny Walmsley	UNAT		01-19-13
M	65-69		BREAST	200	03:21.95	Mike Desy	HALT		04-12-14
M	65-69		FLY	50	00:35.67	Nigel Kemp	HALT		03-27-10
M	65-69		FLY	100	01:23.23	Nigel Kemp	HALT		03-28-09
M	65-69		FLY	200	03:22.61	Nigel Kemp	HALT		03-28-09
M	65-69		IM	100	01:21.65	Danny Walmsley	UNAT		04-01-14
M	65-69		IM	200	03:00.04	Danny Walmsley	UNAT		04-01-14
M	65-69		IM	400	06:48.75	Nigel Kemp	HALT		03-27-10
M	70-74		FREE	50	00:33.46	Graham Reynolds	CBCC		04-12-14
M	70-74		FREE	100	01:20.50	Graham Reynolds	CBCC		04-12-14
M	70-74		FREE	200	02:52.78	Nigel Kemp	HALT		05-16-14
M	70-74		FREE	400	06:04.26	Nigel Kemp	HALT		05-16-14
M	70-74		FREE	800	12:37.20	Nigel Kemp	HALT		05-16-14
M	70-74		FREE	1500	24:20.75	Nigel Kemp	HALT		05-16-14
M	70-74		BACK	50	00:41.85	Nigel Kemp	HALT		01-24-15
M	70-74		BACK	100	01:35.62	Graham Reynolds	CBCC		04-12-14
M	70-74		BACK	200	03:23.86	Nigel Kemp	HALT		05-16-14

M	70-74		BREAST	50	00:44.23	John Farley	HV		05-01-06
M	70-74		BREAST	100	01:39.94	John Farley	HV		05-01-06
M	70-74		BREAST	200	03:41.79	John Farley	HV		03-06-06
M	70-74		FLY	50	00:41.49	Nigel Kemp	HALT		04-24-16
M	70-74		FLY	100	01:45.46	Nigel Kemp	HALT		01-24-15
M	70-74		FLY	200	03:45.28	Nigel Kemp	HALT		05-16-14
M	70-74		IM	100	01:32.15	Graham Reynolds	CBCC		04-12-14
M	70-74		IM	200	03:28.24	Nigel Kemp	HALT		01-24-15
M	70-74		IM	400	07:33.40	Nigel Kemp	HALT		11-08-14
M	75-79		FREE	50	00:42.73	Walter Macpherson	NG		01-01-93
M	75-79		FREE	100	01:35.25	Walter Macpherson	NG		04-01-95
M	75-79		FREE	200	03:43.31	Walter Macpherson	NG		01-01-93
M	75-79		FREE	400	08:02.00	Ralph Davis	HALT		05-09-15
M	75-79		FREE	800	17:15.60	Peter Grant	TRU		11-13-10
M	75-79		FREE	1500	33:48.29	Peter Grant	TRU		01-29-11
M	75-79		BACK	50	01:01.35	Walter Macpherson	NG		03-01-95
M	75-79		BACK	100	01:56.21	Ralph Davis	HALT		05-09-15
M	75-79		BACK	200	04:04.89	Ralph Davis	UNATT		04-24-16
M	75-79		BREAST	50	00:53.94	John Tramble	Antigonish		01-28-12
M	75-79		BREAST	100	02:01.55	John Tramble	Antigonish		01-29-11
M	75-79		BREAST	200	04:21.49	John Tramble	Antigonish		01-29-11
M	75-79		FLY	50	00:56.88	Ralph Davis	HALT		05-09-15
M	75-79		FLY	100	02:11.55	Ralph Davis	UNATT		04-24-16
M	75-79		FLY	200	05:05.26	Ralph Davis	UNATT		04-02-16
M	75-79		IM	100	01:56.26	Ralph Davis	HALT		04-11-15
M	75-79		IM	200	04:52.23	Peter Grant	TRU		03-26-11
M	75-79		IM	400	09:00.87	Ralph Davis	UNATT		04-02-16
M	80-84		FREE	50	00:45.05	Walter Macpherson	NG		11-01-98
M	80-84		FREE	100	01:47.88	Walter Macpherson	NG		11-01-98
M	80-84		FREE	200					
M	80-84		FREE	400	08:56.05	Peter Grant	TRU		02-06-16
M	80-84		FREE	800	18:20.84	Peter Grant	TRU		04-11-15
M	80-84		FREE	1500	35:27.26	Peter Grant	TRU		01-24-15
M	80-84		BACK	50	01:00.17	Walter Macpherson	NG		11-01-98
M	80-84		BACK	100	02:19.50	Peter Grant	TRU		04-11-15
M	80-84		BACK	200	05:00.57	Peter Grant	TRU		01-21-17
M	80-84		BREAST	50					
M	80-84		BREAST	100					
M	80-84		BREAST	200					
M	80-84		FLY	50	01:14.08	Peter Grant	TRU		04-29-17
M	80-84		FLY	100	03:10.18	Peter Grant	TRU		04-02-16
M	80-84		FLY	200	06:57.13	Peter Grant	TRU		02-06-16
M	80-84		IM	100	02:24.21	Peter Grant	TRU		04-29-17
M	80-84		IM	200	05:09.99	Peter Grant	TRU		04-02-16
M	80-84		IM	400	10:53.32	Peter Grant	TRU		05-09-15
M	85-89		Free	50	00:40.18	Mike Bidnock	DWMSC		03-24-07