

**NOVA SCOTIA LONG COURSE PROVINCIAL RECORDS as of May 9, 2018**

Sex	Age	Stroke	Distance	NS Record	Name	Club	Date (M/D/Y)
F	18-24	FREE	50	00:28.94	Molly Wedge	DALM	03-05-16
F	18-24	FREE	100	01:04.67	Molly Wedge	DALM	03-05-16
F	18-24	FREE	200	02:29.53	Molly Wedge	DALM	03-05-16
F	18-24	FREE	400	05:40.92	Victoria Chandler	DALM	03-05-16
F	18-24	FREE	800	11:36.41	Allison Gurnham	HMSC	02-20-07
F	18-24	FREE	1500	23:33.75	Rebekah Boscariol	DALM	03-05-16
F	18-24	BACK	50	00:36.44	Jeanne Tremblay	CGD	03-23-13
F	18-24	BACK	100	01:17.46	Jeanne Tremblay	CGD	03-23-13
F	18-24	BACK	200	02:41.54	Jeanne Tremblay	CGD	03-23-13
F	18-24	BREAST	50	00:43.24	Carmen Fitzpatrick	HCGC	02-22-14
F	18-24	BREAST	100	01:35.31	Carmen Fitzpatrick	HCGC	02-22-14
F	18-24	BREAST	200	03:27.40	Victoria Chandler	DALM	03-05-16
F	18-24	FLY	50	00:31.62	Molly Wedge	DALM	03-05-16
F	18-24	FLY	100	01:28.53	Christine Smith	HMSC	03-08-08
F	18-24	FLY	200	03:38.07	Shaelyn Garnier	STFX	03-25-17
F	18-24	IM	100				
F	18-24	IM	200	02:58.40	Allison Gurnham	HMSC	02-20-07
F	18-24	IM	400	06:44.69	Megan Dobbin	STFX	03-25-17
<b>F</b>	<b>25-29</b>	<b>FREE</b>	<b>50</b>	<b>29.45</b>	<b>Cassandra Jones</b>	<b>HALT</b>	<b>03-03-18</b>
<b>F</b>	<b>25-29</b>	<b>FREE</b>	<b>100</b>	<b>1:04.87</b>	<b>Cassandra Jones</b>	<b>HALT</b>	<b>03-03-18</b>
F	25-29	FREE	200	02:34.85	Karla Gimby	HMSC	03-12-05
F	25-29	FREE	400	05:07.02	Stephanie Dennis	CFAST	02-22-14
<b>F</b>	<b>25-29</b>	<b>FREE</b>	<b>800</b>	<b>11:44.88</b>	<b>Melissa Kemp</b>	<b>SACK</b>	<b>03-03-18</b>
F	25-29	FREE	1500	22:44.14	Clare Warran	HMSC	02-25-06
F	25-29	BACK	50	00:36.06	Cassandra Jones	HCGC	03-05-16
F	25-29	BACK	100	01:15.93	Amy Woodworth	HMSC	03-12-05
<b>F</b>	<b>25-29</b>	<b>BACK</b>	<b>200</b>	<b>2:41.85</b>	<b>Cassandra Jones</b>	<b>HALT</b>	<b>03-03-18</b>
F	25-29	BREAST	50	00:43.85	Jenn Brown	CFAST	02-19-11
F	25-29	BREAST	100	01:26.38	Amy Woodworth	HMSC	03-12-05
F	25-29	BREAST	200	03:31.53	Katie Blasco	HMSC	02-25-06
F	25-29	FLY	50	00:32.83	Holly Wright	TRU	03-25-17
F	25-29	FLY	100	1:14.44	Holly Wright	TRU	08-17-17
F	25-29	FLY	200	02:40.27	Stephanie Dennis	CFAST	02-22-14
F	25-29	IM	100				
F	25-29	IM	200	02:43.52	Amy Woodworth	HMSC	03-12-05
F	25-29	IM	400	06:37.43	Melissa Hilchey	SACK	02-21-15
F	30-34	FREE	50	00:29.61	Anneya Golob	HALT	03-25-17
F	30-34	FREE	100	01:06.84	Amira Tawashy	DALM	06-07-14
F	30-34	FREE	200	02:30.04	Amira Tawashy	DALM	06-07-14
F	30-34	FREE	400	05:14.66	Amy Woodworth	HMSC	02-20-07
F	30-34	FREE	800	12:30.69	Johanna Campbell	DWMS	03-23-13
<b>F</b>	<b>30-34</b>	<b>FREE</b>	<b>1500</b>	<b>24:51.43</b>	<b>Josee Bourgeois</b>	<b>HALT</b>	<b>03-03-18</b>
F	30-34	BACK	50	00:35.78	Rebecca Kharitonova	HALT	03-25-17
F	30-34	BACK	100	01:23.96	Kylie Mosher	HMSC	02-18-12
F	30-34	BACK	200	2:56.10	Rebecca Kharitonova	HALT	03-25-17
F	30-34	BREAST	50	00:42.30	Anneya Golob	HALT	03-25-17
F	30-34	BREAST	100	01:32.40	Anneya Golob	HALT	03-25-17
F	30-34	BREAST	200	03:09.37	Amy Woodworth	HMSC	02-20-07
F	30-34	FLY	50	00:32.57	Rebecca Kharitonova	HALT	03-25-17
F	30-34	FLY	100	01:23.32	Rebecca Kharitonova	HALT	03-25-17

F	30-34	FLY	200	03:38.92	Josee Bourgeois	HALT	06-07-14
F	30-34	IM	100				
F	30-34	IM	200	02:59.53	Barbara Sochanski	Unatt	03-08-08
F	30-34	IM	400	07:03.07	Josee Bourgeois	HALT	03-25-17
F	35-39	FREE	50	00:31.43	Devon Peavoy	HALT	08-06-14
F	35-39	FREE	100	01:07.46	Devon Peavoy	HALT	08-04-14
F	35-39	FREE	200	02:30.65	Devon Peavoy	HALT	08-05-14
F	35-39	FREE	400	07:19.61	Anna Maruyama	DALM	02-22-14
F	35-39	FREE	800	11:18.79	Devon Peavoy	HALT	08-03-14
F	35-39	FREE	1500	28:55.47	Catherine Murray	HALT	03-25-17
F	35-39	BACK	50	00:39.70	Kylie Mosher	HALT	02-22-14
F	35-39	BACK	100	01:43.84	Wendy Shulman	DWMS	02-18-12
F	35-39	BACK	200	03:22.75	Kylie Mosher	HALT	02-22-14
F	35-39	BREAST	50	00:45.89	Debra Liebrock	Dart	03-08-08
F	35-39	BREAST	100	01:39.53	Debra Liebrock	Dart	02-20-07
F	35-39	BREAST	200	03:34.48	Debra Liebrock	Dart	02-20-07
F	35-39	FLY	50	00:38.03	Kerry Dunphy	Acad	02-20-07
F	35-39	FLY	100				
F	35-39	FLY	200	04:38.19	Wendy Shulman	DWMS	03-23-13
F	35-39	IM	100	00:00.00			
F	35-39	IM	200	03:21.70	Debra Liebrock	Dart	03-08-08
F	35-39	IM	400	08:55.45	Wendy Shulman	DWMS	03-23-13
F	40-44	FREE	50	00:33.17	Alicia Daley	HALT	02-22-14
F	40-44	FREE	100	01:17.25	Alicia Daley	HALT	08-04-14
F	40-44	FREE	200	02:48.91	Sara Earle	SACK	06-07-14
F	40-44	FREE	400	05:52.14	Sara Earle	SACK	06-07-14
F	40-44	FREE	800	12:28.54	Patricia Grant	HMSC	03-08-08
F	40-44	FREE	1500	24:40.27	Diana Smith	HMSC	02-25-06
F	40-44	BACK	50	00:38.69	Julie Weigel	DALM	03-07-09
F	40-44	BACK	100	01:25.83	Julie Weigel	DALM	03-07-09
F	40-44	BACK	200	03:05.08	Patricia Grant	HMSC	03-07-09
F	40-44	BREAST	50	00:43.08	Theresa Halliday	HCGC	08-06-14
F	40-44	BREAST	100	01:33.85	Theresa Halliday	HCGC	08-05-14
F	40-44	BREAST	200	03:26.74	Theresa Halliday	HCGC	08-10-14
F	40-44	FLY	50	00:36.91	Alicia Daley	HALT	03-23-13
F	40-44	FLY	100	01:32.53	Patricia Grant	HMSC	03-07-09
F	40-44	FLY	200	03:24.07	Patricia Grant	HMSC	03-07-09
F	40-44	IM	100	00:00.00			
F	40-44	IM	200	03:05.97	Theresa Halliday	HCGC	08-06-14
F	40-44	IM	400	06:47.30	Patricia Grant	HMSC	03-08-08
F	45-49	FREE	50	00:31.95	Jennifer Nearing	Dart	03-12-05
F	45-49	FREE	100	01:14.57	Jennifer Nearing	Dart	08-08-06
F	45-49	FREE	200	02:48.19	Andrea Lynn-Young	HCGC	08-03-14
F	45-49	FREE	400	05:45.87	Andrea Lynn-Young	HCGC	08-03-14
F	45-49	FREE	800	11:36.74	Andrea Lynn-Young	HCGC	08-03-14
F	45-49	FREE	1500	24:17.91	Patricia Grant	HMSC	02-19-11
<b>F</b>	<b>45-49</b>	<b>BACK</b>	<b>50</b>	<b>42.00</b>	<b>Kim Stade</b>	<b>HALT</b>	<b>03-03-18</b>
F	45-49	BACK	100	01:29.60	Patricia Grant	HMSC	02-19-11
F	45-49	BACK	200	03:15.12	Kelley Polley	DALM	08-04-14
F	45-49	BREAST	50	00:41.74	Jennifer Nearing	Dart	08-08-06
F	45-49	BREAST	100	01:33.53	Jennifer Nearing	Dart	08-08-06
F	45-49	BREAST	200	03:46.83	Patricia Grant	HMSC	02-19-11
F	45-49	FLY	50	00:35.75	Jennifer Nearing	Dart	08-08-06

F	45-49	FLY	100	01:39.29	Patricia Grant	HMSC	02-19-11
F	45-49	FLY	200	03:39.56	Patricia Grant	HALT	03-23-13
F	45-49	IM	100	00:00.00			
F	45-49	IM	200	03:11.32	Patricia Grant	HMSC	02-19-11
F	45-49	IM	400	07:02.73	Patricia Grant	HALT	02-22-14
F	50-54	FREE	50	00:34.16	Bobby Lou Reardon	YAR	03-23-13
F	50-54	FREE	100	01:14.21	Louise Stirrett	DWMS	08-04-14
F	50-54	FREE	200	02:42.65	Louise Stirrett	DWMS	08-05-14
F	50-54	FREE	400	05:47.90	Louise Stirrett	DWMS	08-09-14
F	50-54	FREE	800	11:41.21	Bobby Lou Reardon	UNATT	02-22-14
F	50-54	FREE	1500	22:36.29	Linda Rodie	HCGC	03-05-16
F	50-54	BACK	50	00:37.11	Linda Hunt	HMSC	01-31-04
F	50-54	BACK	100	01:23.68	Bobby Lou Reardon	UNATT	02-22-14
F	50-54	BACK	200	03:00.03	Bobby Lou Reardon	YAR	03-23-13
F	50-54	BREAST	50	00:44.12	Jennifer Nearing	Dart	03-08-08
F	50-54	BREAST	100	01:23.81	Bobby Lou Reardon	YAR	03-23-13
F	50-54	BREAST	200	03:44.89	Patricia Grant	HALT	03-25-17
F	50-54	FLY	50	00:35.44	Bobby Lou Reardon	YAR	03-23-13
F	50-54	FLY	100	01:36.43	Patricia Grant	HALT	03-05-16
F	50-54	FLY	200	00:00.00			
F	50-54	IM	100	00:00.00			
F	50-54	IM	200	03:00.38	Bobby Lou Reardon	YAR	03-23-13
F	50-54	IM	400	07:05.11	Patricia Grant	HALT	02-21-15
F	55-59	FREE	50	00:34.52	Helena Piccinini-Vallis	HCGC	03-25-17
F	55-59	FREE	100	01:13.91	Elaine Mattatall	DWMS	08-04-14
F	55-59	FREE	200	02:43.61	Elaine Mattatall	DWMS	08-05-14
F	55-59	FREE	400	06:11.22	Linda Hunt	HMSC	02-19-11
F	55-59	FREE	800	11:55.00	Elaine Mattatall	DWMS	08-03-14
F	55-59	FREE	1500	24:47.05	Linda Hunt	HMSC	02-19-11
F	55-59	BACK	50	00:38.36	Linda Hunt	HMSC	03-07-09
F	55-59	BACK	100	01:22.23	Linda Hunt	HMSC	03-07-09
F	55-59	BACK	200	03:04.00	Linda Hunt	HMSC	03-07-09
F	55-59	BREAST	50	44.82	Linda Hunt	HMSC	02-20-10
F	55-59	BREAST	100	01:43.67	Linda Hunt	HMSC	02-19-11
F	55-59	BREAST	200	03:56.37	Linda Hunt	HMSC	02-18-12
F	55-59	FLY	50	42.05	Linda Hunt	HMSC	02-20-10
F	55-59	FLY	100	01:44.97	Linda Hunt	HMSC	02-20-10
F	55-59	FLY	200	03:47.12	Linda Hunt	HMSC	02-19-11
F	55-59	IM	100	00:00.00			
F	55-59	IM	200	03:08.32	Elaine Mattatall	DWMS	08-06-14
F	55-59	IM	400	06:46.84	Elaine Mattatall	DWMS	08-05-14
F	60-64	FREE	50	00:34.25	Linda Hunt	HALT	06-07-14
F	60-64	FREE	100	01:15.54	Linda Hunt	HALT	06-07-14
F	60-64	FREE	200	02:48.51	Linda Hunt	HALT	06-07-14
F	60-64	FREE	400	05:54.91	Linda Hunt	HALT	02-21-15
F	60-64	FREE	800	12:01.90	Linda Hunt	HALT	02-21-15
F	60-64	FREE	1500	23:30.48	Linda Hunt	HALT	03-25-17
F	60-64	BACK	50	00:38.40	Linda Hunt	HALT	02-22-14
F	60-64	BACK	100	01:24.16	Linda Hunt	HALT	02-22-14
F	60-64	BACK	200	03:00.82	Linda Hunt	HALT	02-22-14
F	60-64	BREAST	50	00:46.75	Linda Hunt	HALT	02-21-15
F	60-64	BREAST	100	01:43.82	Linda Hunt	HALT	06-07-14
F	60-64	BREAST	200	03:47.32	Linda Hunt	HALT	03-05-16
F	60-64	FLY	50	00:39.02	Linda Hunt	HALT	06-07-14

F	60-64	FLY	100	01:40.25	Linda Hunt	HALT	02-21-15
F	60-64	FLY	200	03:59.39	Linda Hunt	HALT	03-25-17
F	60-64	IM	100	00:00.00			
F	60-64	IM	200	03:07.03	Linda Hunt	HALT	08-06-14
F	60-64	IM	400	06:57.52	Linda Hunt	HALT	03-05-16
F	65-69	FREE	50	00:41.92	Ewa Gawlik	HCGC	03-05-16
F	65-69	FREE	100	00:00.00			
F	65-69	FREE	200	03:17.05	Ewa Gawlik	HCGC	08-05-14
F	65-69	FREE	400	06:58.53	Ewa Gawlik	HCGC	08-09-14
F	65-69	FREE	800	00:00.00			
F	65-69	FREE	1500	00:00.00			
F	65-69	BACK	50	00:55.36	Ewa Gawlik	HCGC	03-05-16
F	65-69	BACK	100	00:00.00			
F	65-69	BACK	200	00:00.00			
F	65-69	BREAST	50	00:59.65	Ewa Gawlik	HCGC	03-05-16
F	65-69	BREAST	100	00:00.00			
F	65-69	BREAST	200	00:00.00			
F	65-69	FLY	50	00:49.87	Ewa Gawlik	HCGC	03-05-16
F	65-69	FLY	100	01:46.19	Ewa Gawlik	HCGC	08-06-14
F	65-69	FLY	200	04:02.42	Ewa Gawlik	HCGC	08-08-14
F	65-69	IM	100	00:00.00			
F	65-69	IM	200	03:52.92	Ewa Gawlik	HCGC	08-06-14
F	65-69	IM	400	00:00.00			
F	70-74	FREE	50	00:00.00			
F	70-74	FREE	100	00:00.00			
F	70-74	FREE	200	03:30.97	Ewa Gawlik	HCGC	03-25-17
F	70-74	FREE	400	00:00.00			
F	70-74	FREE	800	14:33.78	Ewa Gawlik	HCGC	08-29-17
F	70-74	FREE	1500	00:00.00			
F	70-74	BACK	50	00:00.00			
F	70-74	BACK	100	00:00.00			
F	70-74	BACK	200	00:00.00			
F	70-74	BREAST	50	01:04.20	Ewa Gawlik	HCGC	03-25-17
F	70-74	BREAST	100	00:00.00			
F	70-74	BREAST	200	00:00.00			
F	70-74	FLY	50	26:24.00	Ewa Gawlik	HCGC	08-29-17
F	70-74	FLY	100	01:51.80	Ewa Gawlik	HCGC	08-29-17
F	70-74	FLY	200	04:03.47	Ewa Gawlik	HCGC	08-29-17
F	70-74	IM	100	00:00.00			
F	70-74	IM	200	03:56.07	Ewa Gawlik	HCGC	08-29-17
F	70-74	IM	400	00:00.00			
F	120-159	MEDLEY RELAY	200	02:45.47	Jeanne Tremblay, Amber Cragg, Kaylee Hansen, Naomi Tress	CGD	03-23-13
F	200-239	FREE RELAY	200	02:15.10	Linda Hunt, Lisa Daniel, Robin MacKay, Jennifer Tummonds	HMSC	02-20-10
F	200-239	FREE RELAY	800	11:16.91	Linda Hunt, Robin MacKay, Lisa Daniel, Jennifer Tummonds	HMSC	02-20-10
M	18-24	FREE	50	00:25.69	Justin Aalders	UNATT	06-07-14
M	18-24	FREE	100	00:59.37	Justin Aalders	UNATT	02-22-14
M	18-24	FREE	200	02:29.87	Iain Wilson	HALT	02-21-15
M	18-24	FREE	400	05:28.45	Kadyn Coakley	STFX	03-25-17
M	18-24	FREE	800	12:11.18	Dean Eaton	STFX	03-25-17
M	18-24	FREE	1500	28:22.07	Matthew Waters	CFAST	02-18-12
M	18-24	BACK	50	00:33.54	Jacob Beaulieu	HCGC	03-05-16

M	18-24	BACK	100	01:15.16	Jacob Beaulieu	HCGC	03-05-16
<b>M</b>	<b>18-24</b>	<b>BACK</b>	<b>200</b>	<b>2:36.03</b>	<b>Landon Warnica</b>	<b>DALM</b>	<b>03-03-18</b>
M	18-24	BREAST	50	38.39	Seth Burrill	Pictou	02-20-10
M	18-24	BREAST	100	01:24.05	Ben Gallagher	HMSC	02-25-06
M	18-24	BREAST	200	00:00.00			
M	18-24	FLY	50	00:28.27	Justin Aalders	UNATT	02-22-14
M	18-24	FLY	100	01:09.35	Derek Sonnichsen	DALM	02-21-15
M	18-24	FLY	200	00:00.00			
M	18-24	IM	100	00:00.00			
M	18-24	IM	200	02:31.54	Derek Sonnichsen	DALM	02-21-15
M	18-24	IM	400	00:00.00			
M	25-29	FREE	50	00:25.01	Aaron Maszko	HMSC	02-25-06
M	25-29	FREE	100	00:56.45	Aaron Maszko	DALM	02-25-06
M	25-29	FREE	200	02:18.19	Kyle Avery	HALT	08-10-14
M	25-29	FREE	400	05:01.51	Kyle Avery	HALT	08-09-14
M	25-29	FREE	800	11:12.77	Scott Day	HALT	02-21-15
M	25-29	FREE	1500	24:03.43	Kyle Avery	HALT	03-23-13
M	25-29	BACK	50	00:29.95	Aaron Maszko	DALM	03-07-09
M	25-29	BACK	100	01:10.47	Andy White	DALM	02-17-07
M	25-29	BACK	200	03:27.63	Ryan Kemp	SACK	02-22-14
M	25-29	BREAST	50	00:34.32	Aaron Maszko	DALM	03-07-09
M	25-29	BREAST	100	01:13.62	Andy White	DALM	02-17-07
M	25-29	BREAST	200	02:26.89	Ian Jackson	DAL	07-31-00
M	25-29	FLY	50	00:27.47	Aaron Maszko	DALM	03-07-09
M	25-29	FLY	100	01:25.01	Scott Day	HALT	03-23-13
M	25-29	FLY	200	00:00.00			
M	25-29	IM	100	00:00.00			
M	25-29	IM	200	02:58.76	Melvin So	CGDM	02-22-14
M	25-29	IM	400	00:00.00			
M	30-34	FREE	50	00:26.08	Kostya Kharitonov	HALT	03-25-17
M	30-34	FREE	100	00:57.44	Kostya Kharitonov	HALT	03-25-17
M	30-34	FREE	200	02:21.43	Mike Maguire	DWMS	08-05-14
M	30-34	FREE	400	05:04.67	Mike Maguire	DWMS	08-09-14
M	30-34	FREE	800	10:44.67	Mike Maguire	DWMS	08-03-14
<b>M</b>	<b>30-34</b>	<b>FREE</b>	<b>1500</b>	<b>21:36.08</b>	<b>Kyle Avery</b>	<b>HALT</b>	<b>2018-03-03</b>
M	30-34	BACK	50	00:34.06	Craig Durling	HMSC	02-17-07
M	30-34	BACK	100	01:12.44	Kostya Kharitonov	HALT	03-25-17
M	30-34	BACK	200	02:46.85	Mike Maguire	DWMS	08-04-14
M	30-34	BREAST	50	00:35.22	Mike Ritcey	DALM	02-17-07
M	30-34	BREAST	100	01:15.01	Mike Ritcey	DALM	02-17-07
M	30-34	BREAST	200	02:49.38	Mike Ritcey	DALM	02-17-07
M	30-34	FLY	50	00:28.00	Duane Flowers	HMSC	03-12-05
M	30-34	FLY	100	01:26.13	John Bernardi	CFAST	02-22-14
M	30-34	FLY	200	03:26.29	John Bernardi	CFAST	02-21-15
M	30-34	IM	100	00:00.00			
M	30-34	IM	200	02:40.31	Mike Ritcey	DALM	02-17-07
M	30-34	IM	400	06:24.41	Mike Maguire	DWMS	02-19-11
M	35-39	FREE	50	00:26.77	Mike Murray	HALT	08-06-14
M	35-39	FREE	100	01:01.12	Duane Flowers	HMSC	02-25-06
M	35-39	FREE	200	02:14.69	Mike Murray	HALT	08-05-14
M	35-39	FREE	400	04:57.85	Duane Flowers	HMSC	02-25-06
<b>M</b>	<b>35-39</b>	<b>FREE</b>	<b>800</b>	<b>11:10.03</b>	<b>Mike Maguire</b>	<b>DWMS</b>	<b>03-03-18</b>
M	35-39	FREE	1500	19:54.03	Duane Flowers	HMSC	03-07-09

M	35-39	BACK	50	00:34.28	Mike Murray	HALT	08-09-14
M	35-39	BACK	100	01:11.86	Mike Murray	HALT	08-08-14
M	35-39	BACK	200	02:32.31	Mike Murray	HALT	08-04-14
M	35-39	BREAST	50	00:34.31	Andrew White	WTSC	03-25-17
M	35-39	BREAST	100	01:18.14	Andrew White	WTSC	03-25-17
M	35-39	BREAST	200	03:00.59	Andrew White	WTSC	03-25-17
M	35-39	FLY	50	00:29.46	Andrew White	WTSC	03-25-17
M	35-39	FLY	100	01:06.57	Duane Flowers	HMSC	02-25-06
M	35-39	FLY	200	03:22.91	Ken Kam	HMSC	03-07-09
M	35-39	IM	100	00:00.00			
M	35-39	IM	200	02:33.99	Mike Murray	HALT	08-06-14
M	35-39	IM	400	05:55.81	Duane Flowers	HMSC	03-08-08
M	40-44	FREE	50	00:27.06	Michael Murray	HALT	03-05-16
M	40-44	FREE	100	00:59.90	Jason Krupp	HALT	08-04-14
M	40-44	FREE	200	02:14.17	Jason Krupp	HALT	08-05-14
M	40-44	FREE	400	04:49.16	Jason Krupp	HALT	08-09-14
M	40-44	FREE	800	10:44.95	Ian Sutherland	HALT	2017-08-014
M	40-44	FREE	1500	20:25.37	Michael Murray	HALT	03-05-16
M	40-44	BACK	50	00:33.60	Michael Murray	HALT	03-05-16
M	40-44	BACK	100	01:16.01	Michael Murray	HALT	03-05-16
M	40-44	BACK	200	02:37.37	Michael Murray	HALT	03-05-16
M	40-44	BREAST	50	00:36.37	Ian Jackson	DALM	02-22-14
M	40-44	BREAST	100	01:18.25	Gordon Brost	DWMS	03-23-13
M	40-44	BREAST	200	03:00.01	Ian Sutherland	HALT	08-19-17
M	40-44	FLY	50	00:27.06	Josh Ballem	HALT	03-25-17
M	40-44	FLY	100	01:04.35	Jason Krupp	HALT	08-06-14
M	40-44	FLY	200	03:02.47	Carl Ballard	TRU	03-23-13
M	40-44	IM	100	00:00.00			
M	40-44	IM	200	2:34.59	Michael Murray	HALT	03-25-17
M	40-44	IM	400	06:00.79	Jason Krupp	HALT	06-07-14
M	45-49	FREE	50	00:27.60	Wade James	HMSC	03-08-08
M	45-49	FREE	100	01:06.07	Jason Krupp	HALT	02-21-15
M	45-49	FREE	200	02:19.99	Jason Krupp	HALT	02-21-15
M	45-49	FREE	400	05:09.80	Jason Krupp	HALT	02-21-15
M	45-49	FREE	800	10:28.55	Jason Krupp	HALT	02-21-15
M	45-49	FREE	1500	20:27.53	Wade James	HMSC	02-18-12
M	45-49	BACK	50	00:35.08	Jason Krupp	HALT	02-21-15
M	45-49	BACK	100	1:20.31	Gordon Brost	DWMS	03-05-16
M	45-49	BACK	200	02:53.45	Gordon Brost	DWMS	03-05-16
M	45-49	BREAST	50	00:35.93	Wade James	HMSC	03-08-08
M	45-49	BREAST	100	01:20.74	Wade James	HMSC	02-18-12
<b>M</b>	<b>45-49</b>	<b>BREAST</b>	<b>200</b>	<b>3:05.76</b>	<b>Ian Sutherland</b>	<b>HALT</b>	<b>03-03-18</b>
M	45-49	FLY	50	00:29.87	Wade James	HMSC	03-08-08
M	45-49	FLY	100	01:15.02	Carl Ballard	TRU	02-22-14
M	45-49	FLY	200	03:28.94	Ken Kam	HALT	03-25-17
M	45-49	IM	100	00:00.00			
<b>M</b>	<b>45-49</b>	<b>IM</b>	<b>200</b>	<b>2:51.44</b>	<b>Ian Sutherland</b>	<b>HALT</b>	<b>03-03-18</b>
M	45-49	IM	400	07:38.91	Ian Dawson	SACK	03-05-16
<b>M</b>	<b>50-54</b>	<b>FREE</b>	<b>50</b>	<b>30.64</b>	<b>Ian Dawson</b>	<b>SACK</b>	<b>03-03-18</b>
<b>M</b>	<b>50-54</b>	<b>FREE</b>	<b>100</b>	<b>1:10.18</b>	<b>Ian Dawson</b>	<b>SACK</b>	<b>03-03-18</b>
M	50-54	FREE	200	02:30.30	Sandor Mathe	HMSC	02-20-10
M	50-54	FREE	400	05:21.03	Sandor Mathe	HMSC	02-20-10
M	50-54	FREE	800	11:51.31	Patrick Somers	DALM	08-03-14
M	50-54	FREE	1500	21:13.09	Sandor Mathe	HMSC	02-18-12

<b>M</b>	<b>50-54</b>	<b>BACK</b>	<b>50</b>	<b>37.04</b>	<b>Richard Isnor</b>	<b>UNATT</b>	<b>03-03-18</b>
<b>M</b>	<b>50-54</b>	<b>BACK</b>	<b>100</b>	<b>1:18.72</b>	<b>Richard Isnor</b>	<b>UNATT</b>	<b>03-03-18</b>
<b>M</b>	<b>50-54</b>	<b>BACK</b>	<b>200</b>	<b>2:48.33</b>	<b>Richard Isnor</b>	<b>UNATT</b>	<b>03-03-18</b>
M	50-54	BREAST	50	00:38.88	David Margolian	WNMS	03-23-13
M	50-54	BREAST	100	01:21.87	Wade James	HALT	03-23-13
M	50-54	BREAST	200	02:58.07	Wade James	HALT	03-23-13
<b>M</b>	<b>50-54</b>	<b>FLY</b>	<b>50</b>	<b>31.77</b>	<b>Ian Dawson</b>	<b>SACK</b>	<b>03-03-18</b>
M	50-54	FLY	100	01:12.08	Wade James	HALT	03-23-13
M	50-54	FLY	200	3:07.98	Sandor Mathe	HMSC	02-18-12
M	50-54	IM	100	00:00.00			
M	50-54	IM	200	3:05.45	Sandor Mathe	HMSC	02-18-12
M	50-54	IM	400	6:27.64	Sandor Mathe	HMSC	02-18-12
M	55-59	FREE	50	00:30.32	Dan Walmsley	Unatt	02-17-07
M	55-59	FREE	100	01:08.94	Chuck Bezanson	HALT	03-25-17
M	55-59	FREE	200	02:41.13	Dan Walmsley	Unatt	02-17-07
M	55-59	FREE	400	05:16.29	Chuck Bezanson	HALT	03-25-17
M	55-59	FREE	800	11:50.32	John Whalen	HMSC	03-12-05
M	55-59	FREE	1500	22:09.24	John Whalen	HMSC	03-12-05
M	55-59	BACK	50	00:34.77	Dan Walmsley	Unatt	02-17-07
M	55-59	BACK	100	01:23.23	Sandy Hines	DWMS	08-07-14
M	55-59	BACK	200	03:18.03	Freeman Churchill	HMSC	02-20-10
M	55-59	BREAST	50	00:40.47	Terry Day	HMSC	03-12-05
M	55-59	BREAST	100	01:26.59	Mike Brown	TRU	02-19-11
M	55-59	BREAST	200	03:24.45	John Farley	DALM	07-09-94
M	55-59	FLY	50	00:33.87	Sandy Hines	DWMS	08-05-14
M	55-59	FLY	100	01:22.55	Mike Brown	TRU	02-19-11
M	55-59	FLY	200	03:16.61	Mike Brown	TRU	02-19-11
M	55-59	IM	100	00:00.00			
M	55-59	IM	200	02:50.97	Mike Brown	TRU	02-19-11
M	55-59	IM	400	07:18.00	John Farley	DALM	06-17-93
M	60-64	FREE	50	00:29.74	Danny Walmsley	Shearwater	03-07-09
M	60-64	FREE	100	01:09.97	Danny Walmsley	Shearwater	03-07-09
M	60-64	FREE	200	02:21.90	Richard Lane	HMSC	02-18-12
<b>M</b>	<b>60-64</b>	<b>FREE</b>	<b>400</b>	<b>5:29.02</b>	<b>Peter Poulos</b>	<b>CBCC</b>	<b>03-03-18</b>
M	60-64	FREE	800	11:27.97	John Whalen* (Nat'l)	HMSC	03-08-08
M	60-64	FREE	1500	22:11.30	John Whalen* (Nat'l)	HMSC	03-08-08
M	60-64	BACK	50	00:35.23	Dan Walmsley	Shearwater	03-08-08
M	60-64	BACK	100	01:17.07	Dan Walmsley* (Nat'l)	Shearwater	03-08-08
M	60-64	BACK	200	02:51.36	Dan Walmsley* (Nat'l)	Shearwater	03-08-08
<b>M</b>	<b>60-64</b>	<b>BREAST</b>	<b>50</b>	<b>37.27</b>	<b>Peter Poulos</b>	<b>CBCC</b>	<b>03-03-18</b>
<b>M</b>	<b>60-64</b>	<b>BREAST</b>	<b>100</b>	<b>1:25.65</b>	<b>Peter Poulos</b>	<b>CBCC</b>	<b>03-03-18</b>
<b>M</b>	<b>60-64</b>	<b>BREAST</b>	<b>200</b>	<b>3:12.15</b>	<b>Peter Poulos</b>	<b>CBCC</b>	<b>03-03-18</b>
M	60-64	FLY	50	00:34.16	Nigel Kemp	HMSC	05-21-04
M	60-64	FLY	100	01:25.10	Nigel Kemp	HMSC	03-21-04
M	60-64	FLY	200	03:32.56	Nigel Kemp	HMSC	03-12-05
M	60-64	IM	100	00:00.00			
M	60-64	IM	200	03:00.26	Freeman Churchill	HMSC	08-06-14
M	60-64	IM	400	06:45.18	Freeman Churchill	HMSC	08-05-14
M	65-69	FREE	50	00:30.89	Danny Walmsley	UNATT	02-22-14
M	65-69	FREE	100	01:12.95	Danny Walmsley	UNATT	02-22-14
M	65-69	FREE	200	02:47.79	Nigel Kemp	HMSC	02-20-10
M	65-69	FREE	400	05:48.30	John Whalen	HALT	08-09-14
M	65-69	FREE	800	11:59.72	John Whalen	HALT	08-03-14

M	65-69	FREE	1500	23:17.84	Nigel Kemp	HMSC	03-07-09
M	65-69	BACK	50	00:36.05	Danny Walmsley	Unatt	06-07-14
M	65-69	BACK	100	01:19.98	Danny Walmsley	Unatt	06-07-14
M	65-69	BACK	200	02:50.79	Danny Walmsley	Unatt	06-07-14
M	65-69	BREAST	50	00:43.01	Mike Desy	HALT	02-22-14
M	65-69	BREAST	100	01:20.10	Danny Walmsley	Unatt	03-23-13
M	65-69	BREAST	200	03:39.90	Mike Desy	HALT	02-22-14
M	65-69	FLY	50	00:36.46	Rob Ferguson	HALT	03-05-16
M	65-69	FLY	100	01:44.77	Nigel Kemp	HMSC	02-19-11
M	65-69	FLY	200	04:04.89	Nigel Kemp	HALT	03-23-13
M	65-69	IM	100	00:00.00			
<b>M</b>	<b>65-69</b>	<b>IM</b>	<b>200</b>	<b>3:15.69</b>	<b>Freeman Churchill</b>	<b>HALT</b>	<b>03-03-18</b>
M	65-69	IM	400	07:47.62	Nigel Kemp	HMSC	02-18-12
M	70-74	FREE	50	00:35.86	Nigel Kemp	HALT	06-07-14
M	70-74	FREE	100	01:19.91	Nigel Kemp	HALT	08-04-14
M	70-74	FREE	200	02:56.74	Nigel Kemp	HALT	08-05-14
M	70-74	FREE	400	06:28.77	Nigel Kemp	HALT	03-05-16
M	70-74	FREE	800	13:28.68	Nigel Kemp	HALT	08-03-14
M	70-74	FREE	1500	26:26.19	Nigel Kemp	HALT	02-21-15
M	70-74	BACK	50	00:45.02	Nigel Kemp	HALT	02-21-15
M	70-74	BACK	100	01:42.42	Nigel Kemp	HALT	02-21-15
M	70-74	BACK	200	3:46.13	Nigel Kemp	HALT	02-21-15
M	70-74	BREAST	50	00:47.23	Klaus Wuerr	Unatt	06-07-14
M	70-74	BREAST	100	01:49.68	John Farley	Veligers	03-08-08
M	70-74	BREAST	200	04:07.60	John Farley	Veligers	02-25-06
M	70-74	FLY	50	00:39.80	Nigel Kemp	HALT	08-05-14
M	70-74	FLY	100	01:56.81	Nigel Kemp	HALT	02-21-15
M	70-74	FLY	200	04:02.87	Nigel Kemp	HALT	03-05-16
M	70-74	IM	100	00:00.00			
M	70-74	IM	200	03:34.31	Nigel Kemp	HALT	08-06-14
M	70-74	IM	400	08:04.49	Nigel Kemp	HALT	02-22-14
M	75-79	FREE	50	00:48.72	John Farley	UNATT	03-23-13
M	75-79	FREE	100	01:48.33	John Farley	HMSC	02-19-11
<b>M</b>	<b>75-79</b>	<b>FREE</b>	<b>200</b>	<b>4:13.66</b>	<b>Ralph Davis</b>	<b>HALT</b>	<b>03-03-18</b>
M	75-79	FREE	400	08:22.95	John Farley	UNATT	03-23-13
M	75-79	FREE	800	19:04.46	Peter Grant	TRU	02-19-11
M	75-79	FREE	1500	36:20.63	Peter Grant	TRU	02-18-12
<b>M</b>	<b>75-79</b>	<b>BACK</b>	<b>50</b>	<b>57.07</b>	<b>Ralph Davis</b>	<b>HALT</b>	<b>03-03-18</b>
M	75-79	BACK	100	02:02.76	John Farley	HMSC	02-19-11
M	75-79	BACK	200	04:55.95	Peter Grant	TRU	06-07-14
M	75-79	BREAST	50	00:55.70	John Farley	HMSC	02-19-11
M	75-79	BREAST	100	02:18.26	John Farley	UNATT	03-23-13
M	75-79	BREAST	200	00:00.00			
M	75-79	FLY	50	01:04.15	John Farley	UNATT	03-23-13
M	75-79	FLY	100	00:00.00			
M	75-79	FLY	200	07:15.83	Peter Grant	TRU	03-23-13
M	75-79	IM	100	00:00.00			
M	75-79	IM	200	04:24.24	John Farley	HMSC	02-19-11
M	75-79	IM	400	09:39.90	Ralph Davis	UNATT	03-05-16
M	80-84	FREE	50	00:00.00			
M	80-84	FREE	100	00:00.00			
M	80-84	FREE	200	00:00.00			
M	80-84	FREE	400	00:00.00			



M	80-84	FREE	800	20:17.34	Peter Grant	TRU	03-25-17
M	80-84	FREE	1500	35:32.95	Peter Grant	TRU	03-05-16
M	80-84	BACK	50	00:00.00			
M	80-84	BACK	100	00:00.00			
<b>M</b>	<b>80-84</b>	<b>BACK</b>	<b>200</b>	<b>5:24.87</b>	<b>Peter Grant</b>	<b>TRU</b>	<b>03-03-18</b>
M	80-84	BREAST	50	01:08.01	Peter Grant	TRU	03-25-17
<b>M</b>	<b>80-84</b>	<b>BREAST</b>	<b>100</b>	<b>2:40.19</b>	<b>Peter Grant</b>	<b>TRU</b>	<b>03-03-18</b>
M	80-84	BREAST	200	00:00.00			
M	80-84	FLY	50	01:16.84	Peter Grant	TRU	03-25-17
M	80-84	FLY	100	00:00.00			
M	80-84	FLY	200	00:00.00			
M	80-84	IM	100	00:00.00			
M	80-84	IM	200	00:00.00			
M	80-84	IM	400	00:00.00			
M	120-159	MEDLEY RELAY	200	02:26.40	Gordon Brost, Jody Crowther, Mike Maguire, Christopher Mercer	DWMS	02-18-12
M	160-199	MEDLEY RELAY	200	02:30.55	Steve Devitt, Norm LeBlanc, Chris Mercer, Mike Maguire	DWMS	08-07-14
M	120-159	FREE RELAY	200	02:20.70	Michael Sears, Christopher Mercer, Mike Maguire, Jody Crowther	DWMS	02-18-12
M	160-199	FREE RELAY	200	02:01.18	Sandy Hines, Chris Mercer, Mike Maguire, Steve Devitt	DWMS	08-07-14
M	240-279	FREE RELAY	200	02:15.15	Freeman Churchill, Nigel Kemp, Rob Ferguson, John Whalen	HMSC	02-20-10
M	160-199	FREE RELAY	800	10:40.12	Sandor Mathe, Kyle Avery, Ken Kam, Ken McNight	HMSC	02-20-10
M	240-279	FREE RELAY	800	10:38.43	Richard Lane, Nigel Kemp, Freeman Churchill, Sandor Mathe	HMSC	02-18-12