



Swim Nova Scotia
Next Gen Development & Performance Program 2018-19

General Funding Policy:

Swim Nova Scotia will attempt to fund all eligible athletes. The following program is designed to afford Nova Scotia's Next Gen Development (Dev) and Performance swimmers an advantage when it comes to financial and training support in the pursuit of their 'Performance Goals' and to serve as an incentive to performance.

The award is made as an investment in the swimmer's sporting future. When it is accepted, the swimmer and coach assumes specific responsibilities. These responsibilities are directly related to the swimmer's positive, professional demeanor in the attainment of performance swimming.

Purpose:

The program serves as an investment in swimmers who achieve significant and notable national rankings and progression. Funds are intended to offset the inherent costs at the performance level.

Criteria:

To be eligible for support from Swim Nova Scotia the swimmer shall be registered with a SNS club and be eligible to represent Nova Scotia. An eligible athlete must also prove to be committed to the pursuit of performance goals.

To achieve performance goals, the athlete must be **committed to a year-round program**, which offers:

- Training frequency, volume and intensity which are in accordance with generally accepted principles of training;
- Technical development directed towards elite proficiency in strokes, starts and turns;
- Competitive experiences that challenge the swimmer's ability to perform in extremely demanding, pressure situations, and;
- Education and personal development in all facets of high performance training.

Swim Nova Scotia reserves the right to withhold all funding if the awarded swimmer's coach of record cannot verify an athlete's training situation. The coach of record shall be defined as having coached the swimmer for at least 45 of the previous 90 days. (The same as the SNC Coach of Record Policy.)

Swimmers **must** attend all performance initiatives offered by Swim Nova Scotia; and all Provincial tour/camp teams that they have been named to with their personal Coaches (when applicable). Swimmers must also be available to represent Swim Nova Scotia at various speaking engagements and other promotions as required by Swim Nova Scotia. Swimmers annual plans must follow for peak performance in the Spring and Summer in line with the Swimming Canada policy of when peak performances should be attained. Swimmers must attend the appropriate swim meets prior to becoming eligible for funding. Swimmers who do not attend required events as noted above shall immediately be removed from the program.

Selection criteria:

- The athlete must be a member in good standing of Swim Nova Scotia.
- The athlete must be a permanent resident of Nova Scotia, and if not a permanent resident, they must reside in Nova Scotia for 12 consecutive months.
- If the athlete is attending an out of province school/university or representing a swim club/centre outside Nova Scotia, he/she will not be eligible for funding while they are away. The athletes must report to Swim Nova Scotia and register with a SNS team immediately upon their return.
- At the time of identification by Swim Nova Scotia, athletes must meet the Canadian Junior Championships minimum age group criteria as defined by Swimming Canada (13 yr old – Female / 14 yr old – Male).

- The Swim Nova Scotia Athlete Agreement must be signed by the swimmer and their Coach confirming the swimmer's full participation in an annual training scheme. A copy of the swimmers' season training plan (that outlines to Macrocycle 1 & 2 peak meets) must be submitted by their Coach to Swim Nova Scotia.
- If the swimmer does not meet the criteria to be successful inside the seasonal training plan, the swimmer's Coach must immediately inform Swim Nova Scotia and the funding will cease.
- Swim Nova Scotia On-Track Performance Tool Calculator will be utilized to identify athletes achieving 725* or higher NS On-Track points (Olympic Events) based on their age and events as follows:
 - March 1, 2018-August 31, 2019 for 15+ Girls, 16+ Boys
 - March 1, 2018-August 31, 2019 for 13-14 Girls, 14-15 Boys
- Swim Nova Scotia reserves the right to consider additional/alternative athletes.

Any swimmer turning down or refusing a Nova Scotia Travel, Camp or Games Team selection, inside the current season, is not eligible for any SNS funding in the following year, unless the absence is approved by Swim Nova Scotia before said event.

Funding:

For able-bodied swimmers funding will be distributed following Canadian Spring Championships (or designated Trials) or the highest-level competition in which the swimmer has qualified (i.e., Easterns, U Sports Champs, Nova Scotia Championships) and following Canadian Summer Championships (or designated Trials) or the highest-level competition in which the swimmer has qualified (i.e., Junior National Championships, International Competitions, etc.). For a swimmer that is a first-time qualifier to the SNS Athlete Funding Program list, they may use whatever competition they peak for to qualify their rank. Then the subsequent years, each swimmer must continue to meet the criteria as mentioned above. *Swimmers (Jr/Sr. High School) training with an age group year-round program will receive their funding through their Club.*

For Para-swimmers funding will be distributed following the National PARA events.

If circumstances arise, coaches may request in writing, that up to 2/3 of the total amount of funds be distributed for the Fall-Winter Macro or that funds be distributed at a different time of the year to the Executive Director of Swim Nova Scotia. Funds distributed will be based upon a top-down allocation and the available budget line item - Athlete Funding Program, approved by Swim Nova Scotia. **Appearance of your name on the list does not guarantee funding.**

For able-bodied swimmers, the swimmer's financial support is based on Swim Nova Scotia On-Track Performance Tool Calculator.

For PARA-swimmers, the swimmer's financial support is based on their absolute *World LCM ranking*, at the competitive year-end, in Paralympic events based on three per Country. PARA swimmers must be ranked in the top half of the number of athletes that appear in the World ranking for that event and eligible to attend the National PARA Meets.

If an athlete is awarded financial carding under the Sport Canada/Swimming Canada Performance Funding Program, they shall be included on the SNS Next Gen Dev/Performance list, but only receive the amount distributed at a reduced amount (both Able-Bodied and PARA Athletes).

Swimmers and their Personal Coaches will receive their athlete agreement annually, which outlines their performance tier and the eligibility criteria for that season. If the athlete, for some reason other than injury, cannot attend their required peak competition, they will forfeit one-half (1/2) of their annual funding allotment.

Swim Nova Scotia reserves the right to withhold financial support and/or funding if an athlete's training situation is not acceptable, cannot be verified, or changes.

ABLE-BODIED

Age Group	Point Range	Number of Athletes	Swim NS Support	Funding Ratio	Enhanced Services* (TBD Provincial Funding)
13-14 G 14-15 B <i>Average of top 3 point scores</i>	725-774		Next Gen Dev/Performance Camps	0	
	775-849		Next Gen Dev/Performance Camps	0.75	
	850-924		Next Gen Dev/Performance Camps	0.75	
	925-999		Next Gen Dev/Performance Camps	3	
	1000+		Next Gen Dev/Performance Camps	4	
15-16 G 16-18 B <i>Average of top 2 point scores</i>	725-774		Next Gen Dev/Performance Camps	0	
	775-849		Next Gen Dev/Performance Camps	0.75	
	850-924		Next Gen Dev/Performance Camps	2	
	925-999		Next Gen Dev/Performance Camps	3	
	1000+		Next Gen Dev/Performance Camps	4	
17+ G 19+ B <i>Single Point Score</i>	725-774		Next Gen Dev/Performance Camps	0	
	775-849		Next Gen Dev/Performance Camps	1	
	850-924		Next Gen Dev/Performance Camps	2	
	925-999		Next Gen Dev/Performance Camps	3	
	1000+		Next Gen Dev/Performance Camps	4	
SNC Next Gen/SNC/Sport Canada Carded			\$1,000 Next Gen Dev/Performance Camps		

PARA- TBD SNC

***Enhanced Services-** Includes IST services such Nutrition, Sport Psych, etc.

APPENDIX A
SWIM NOVA SCOTIA NEXT GEN DEV /PERFORMANCE INITIATIVES

Swim Nova Scotia offers various Provincial opportunities for Next Gen Dev /Performance athletes identified each year.

Note that Provincial opportunities are subject to change on an annual basis depending on anticipated costs, qualifying times and Coach discretion. Contributions are contingent on the amount of funds available.

~\$10,000 in financial contributions towards Swim Nova Scotia Performance Initiatives and ~\$15,000 in allocations to Swim Nova Scotia Next Gen/Performance athletes last season

EVENT		LOCATION	~ ATHLETE COST	NOTES
Next Gen Dev /Performance Camps*		Halifax	Covered by Swim NS	Camp #1: October 27 th Dalplex Pool 1:00-4:30pm (parent and personal coach orientation session) Camp #2: November 24 th - Dalplex Pool 1:00-4:30pm (Nutrition) Camp #3: January 26 th - Dalplex Pool 1:00-4:30pm (Mental Skills) Camp #4: June 8 th - Dalplex Pool 1:00-4:30pm (Strength & Conditioning)
Distance/OW Camps		Dalplex Pool	Covered by Swim NS	Camp #1: June 22 nd - Dalplex Pool 1:00-4:00pm
NS Developmental Tour		Bath YMCA, Bath, Maine, USA	User pay ~\$600.00	Swimmers between the ages of 11-14 (non Easterns/Jr National/National qualified) March 9-10, 2019
MSI		Maine State Swimming International Invitational, St. John, NB	User pay ~TBD	Selection & Travel TBD July 25-27, 2019
Performance Camp <i>and Racing</i>		TBD	Max \$1,000/athlete	May 2019
Performance Racing Opportunity		TBD	Max \$1,000/athlete	July 2019
Provincial Para Development Camp		TBD	Covered by Swim NS	Open to all registered classified Para swimmers in NS

*= mandatory for all Next Gen swimmers and personal coaches

Camps Formats

All Camps will be run as follows:

Costs may be covered by Swim Nova Scotia for Provincial level camps taking place in Nova Scotia.

The Performance Team may have the opportunity to travel to a 10-day training camp followed by a racing opportunity; a portion of the camp will be subsidized by Swim Nova Scotia.

Open Water/Distance Camp

Athletes will be identified (based on 800m & 1500m Freestyle times) and invited to participate in these camps. The camp will be led by Lance Cansdale, Swim Nova Scotia Provincial Coach and will take place in a pool/classroom format.