

April 9, 2020

Swim Nova Scotia continues to work closely with Swimming Canada and follow the Federal Government and the Province of Nova Scotia mandates regarding the Coronavirus (COVID-19) pandemic. Once directives under the Health Protection Act have been lifted, Swim Nova Scotia will work with our membership to return to the pool and establish a COVID-19 Recovery Plan.

On behalf of Swim Nova Scotia and the entire swimming community, I want to express our gratitude to everyone in the healthcare industry and on the front lines. We are very grateful for your hard work and tireless efforts to care for us and keep us safe - thank you!

COMMUNICATIONS:

The Swim Nova Scotia webpage remains the primary source of relevant information for Swim Nova Scotia members and is updated regularly. We have created a [COVID-19](#) page on our website where various updates, resources and links can be found. Swimming Canada will be launching a resource page on their site today as well.

INSURANCE CLARIFICATIONS RELATED TO DRYLAND TRAINING THROUGH THE COVID-19 PANDEMIC:

Clubs and Coaches registered with Swim Nova have been asked to follow guidelines with respect to dryland training and club programming. These restrictions have been modified to facilitate online training for registered swimmers.

A separate email will be sent to Club Head Coaches with clarifications and instructions related to the delivery of dryland training.

FEDERAL GOVERNMENT FINANCIAL INCENTIVES:

There are many financial incentives available from the Federal Government, some were launched earlier this week, and some will be launched in the coming weeks. Please keep up to date with these initiatives [HERE](#).

STAY SAFE:

All members are reminded to continue to follow the advice of Nova Scotia's Chief Medical Officer and all Government Officials during the State of Emergency. Additional details and up to date information can be found on the Nova Scotia Provincial Government [webpage](#).

COVID-19 RECOVERY PLAN:

Looking ahead to a COVID-19 Recovery Plan and a safe return to the pool - when things change from **RED** to **AMBER** to **GREEN** from our Public Health Authority; we will continue to work with Swimming Canada, our provincial agencies, and facilities to understand what that looks like and to initiate a direction and plan that is reasonable and manageable, with the intent for clubs to

become stable and our coaches to deliver programming. We aim to see our clubs back in operation, swimmers back in the water and our coaches, volunteers and officials return to what our sport is all about and what they do best.

As always, I remain committed to providing the membership with updates and information as I have it available to me. Please reach out with any questions you may have, I am available via email or on my mobile phone 902-497-2088.

Please enjoy the long weekend at home!

Bette