

March 15-6:25pm local time

Following the most recent information provided by the Province of Nova Scotia regarding the Coronavirus (COVID-19) pandemic, Swim Nova Scotia has **suspended all Club Activities effective Monday March 16th – April 6th** (date subject to change). This includes any programming such as water training, dryland training, and team events for all registered Year-Round, Masters and Summer Clubs. Clubs are to refrain from any of these activities at this time, or will be in breach of Swim Nova Scotia Policies and individual Club Insurance.

“Nova Scotians should think about additional measures they can take to help reduce the spread of COVID-19, such as:

- *Avoiding close contact with others (keeping at least two metres or roughly six feet apart)*
- *Avoiding crowds and gatherings like parties and other group activities”*

Province of Nova Scotia

Swim Nova Scotia, with guidance from the Nova Scotia Chief Medical Officer, Government of Nova Scotia, Canadian and global health authorities, will continue to monitor the situation daily and advise on this status as new information becomes available.

All members are reminded to follow the advice of Nova Scotia’s Chief Medical Officer and all Government Officials. Additional details and up to date information can be found on the Nova Scotia Provincial Government [webpage](#)

Additional valuable resources from the Public Health Agency of Canada [webpage](#)

Swim Nova Scotia would like to thank the swimming community for your ongoing patience and cooperation at this time. The health and well-being of our swimming community is our absolute top priority.