

August 14, 2020

Swim Nova Scotia recently received acceptance from the Province that we are eligible to resume competition provided we continue to adhere to the guidelines provided by Public Health. Effective immediately, Swim Nova Scotia has lifted the suspension on sanctioning competitions. The resumption of competitions will be a multi-phased approach.

Phase 1 will permit Clubs to host In-House Competitions (Time Trials), initially only short course meters and available to your club only (not multi-team). Phase 2 will introduce Virtual Competitions, and Phase 3 will introduce Multi-Team Swim Meets.

Please find attached a Summary of Swim Nova Scotia's Return to Competition document that provides further information on these plans. In addition, a request form is attached for Clubs that would like to host an in-house competition/time trial and the Swim NS Officials Return to Competition document.

We have also received further updates to the Nova Scotia Sport Guidelines from Public Health. Given the overall epidemiology, the province will be keeping the current regulations in place as it relates to gathering limits (currently 50) and bubbles (currently 10). They will be reviewing these regulations again later in September to determine if any changes can be considered at that time.

Version 6 of Swim Nova Scotia's Return to Swimming Plan is attached that includes the modifications that were circulated on August 6 and today's information related to our Return to Competition. I am not anticipating further modifications or updates until we receive further information from the Provincial Government in September.

If you have any questions, please do not hesitate to contact me!

Thanks

Bette