

August 6, 2020

Swim Nova Scotia has received further updates to the Nova Scotia Sport Guidelines from Public Health. This update is applicable to all sports and reads as follows:

“In a defined sport setting where participants are physically distancing in one group of 50 or less, incidental contact, (where a participant comes into close contact, less than two metres, with another participant), that is infrequent, brief, and cannot be avoided may occur.”

What does this mean for our members?

In a pool training environment, if Coaches are utilizing ‘Option 2 Bubble Training’, all lanes of the pool can now be utilized. Each bubble can be separated using different ends of the pool (start end or turn end).

Incidental, brief, unavoidable contact is acceptable between the training bubbles.

A Summary of the Modifications is attached; sample images are also included. Please note that the images depict 5 swimmers per lane; however up to 10 swimmers may swim in one lane as a training bubble – each bubble must be separated using different ends of the pool (start end or turn end).

In addition to the above modification to the pool training environment, we have now been approved to resume the use of change rooms/washrooms before and after training if acceptable by the facility. All facilities must have established cleaning protocols that meet or exceed the minimum Nova Scotia Provincial Government requirements.

The above modifications come into effect immediately; however, I will not be updating the Swim Nova Scotia Return to Swimming Plan until the end of next week. We are anticipating further updates from the Provincial Government.

If you have any questions, please do not hesitate to contact me!

Thanks

Bette