

December 4, 2020

Today the Province announced that the current COVID-19 regulations will stay in place for at least another week, until December 16. The press release outlining these restrictions can be found [here](#).

Swim Nova Scotia has suspended all Club related activities in the zone of Western and Central Halifax Regional Municipality (HRM), effective November 26 – **December 16th**, with a possibility of extension. At that time the Province will be re-evaluating the epidemiology and determining next steps.

Club activities include any programming such as water training, dryland training, and team events for all registered Clubs listed below. These Clubs are prohibited from any of these activities during the suspension **in any area** of the Province, or they will be in breach of Nova Scotia's Health Order, Swim Nova Scotia Directives and Club Insurance.

For those living outside of the impacted zone, Club activities can continue within your geographic area while continuing to follow public health guidelines and Swim Nova Scotia's Return to Swimming Plan. These members/Clubs cannot travel to or participate in any Club activities outside your geographic area.

CLUBS AFFECTED BY NOVEMBER 26 – DECEMBER 16 SUSPENSION:

YEAR-ROUND

- Canada Games Centre
- Dartmouth Crusaders
- Halifax Trojans
- Halifax Wavecutters
- Sackville Waves
- Shearwater Bluefins

VARSITY

- Dal Tigers

MASTERS

- Canada Games Centre
- Dal Masters
- Dartmouth Whalers
- Halifax Chronos Masters

SUMMER (Winter Maintenance)

- Bedford Beavers
- Canada Games Centre
- Cole Harbour Hurricanes

Virtual dryland training may be offered by all Clubs throughout the COVID-19 pandemic. A separate email will be sent to Club Head Coaches with the instructions and application form. All Clubs must be approved prior to starting virtual dryland training.

Complete information on the provincial zones and affected areas can be found on the Nova Scotia government [webpage](#) including a map.

All members are reminded to follow the advice of Nova Scotia's Chief Medical Officer and all Government Officials. Additional details and up to date information can be found on the Nova Scotia Provincial Government [webpage](#).

Swim Nova Scotia remains committed to aligning with all Public Health regulations issued by the Province of Nova Scotia. We will continue to send updates as information is received.

If you have any questions, please do not hesitate to contact me.

Bette