

SWIM NOVA SCOTIA RETURN TO SWIMMING EXPLANATIONS & INTERPRETATIONS

OVERVIEW

As the Province continues to re-open various sectors, many questions continue to arise. Swim Nova Scotia has been working carefully with Provincial Government Officials to provide further explanations and interpret Provincial Health Mandates, including restrictions and regulations presented to our sport specifically.

Safety is the key priority with all aspects of return to training and competition. However, it is important for Club viability and continued success for swimming in our Province that we maximize any available facility space while ensuring all COVID-19 health regulations are met.

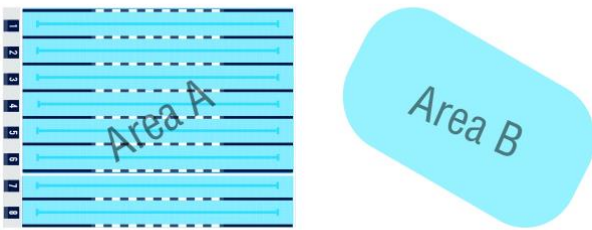
This document is intended to provide further explanations and interpretations related to previous communications and our Return to Swimming Plan. These explanations and interpretations have been reviewed and accepted by Provincial Government Officials.

- During these uncertain times, it is vital that Club Head Coaches are up to date and continue to implement all established regulations. **It is critical that all programming is Coach lead and Club/parent supported**
- Clubs, Coaches and Swimmers must continue to adhere to all Swim NS Return to Swimming and your Facility Regulations. If your facility regulations differ from ours, you must notify Swim NS as soon as possible for further direction
- Masks must be worn by all Coaches/Swimmers upon entry/exit of your facility, NOT during training
- Daily Health Monitoring must continue until further notice. If any of your Coaches/Swimmers are demonstrating COVID-19 symptoms, they must remain at home (not attend practices) and call 811 for an assessment
- All Clubs must have their Return to Pool Swimming plans accepted prior to returning to training; **any modifications to training schedules and group lists must be submitted to Swim NS**
- At this time, multi-club events have not been approved. This includes pool training, dryland training, competitions and any other organized activity. Swimmers can only participate in organized activities with the Club they are registered with

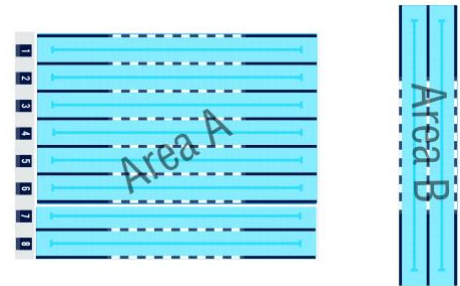
- Maximum group sizes remain at **50 in a given field of play area** – what this means is that if you have either a bulkhead in between training tanks (field of play), or a separate pool, those are considered separate field of play areas and must always physically distance from one another. **The 50 in the field of play does not include facility or venue staff.**

Various facility examples are below, however, there could be other options!

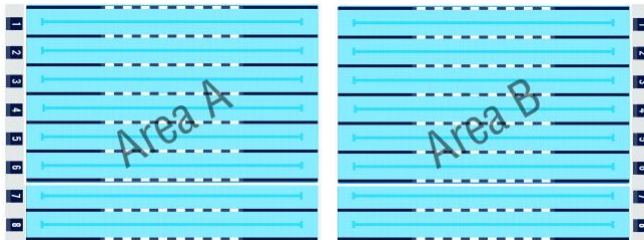
EXAMPLE 1:



EXAMPLE 2:



EXAMPLE 3:



- Event broadcasting is allowed provided permission has been granted by the facility. Broadcasting includes an event being produced, livestreamed, recorded or broadcasted by a business (i.e. Eastlink). The business' video production team is limited to 10 people (which are permitted to be present in addition to the 50 participants) and must maintain physical distance and comply with all applicable rules and regulations from Public Health, Swim NS and the facility.

As Provincial regulations continue to evolve, Swim Nova Scotia will share interpretations, updates or modifications to our training and competitive environment with the membership.

If you have any further questions, please do not hesitate to contact me.

Thanks

Bette